



Vern Wuensche

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LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Vern, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality Chart!

Your Life Path is 19/1

Vern, you are a born leader. You insist on your right to make up your own mind; you demand freedom of thought and action. You have drive and determination. You don't let anything or anyone stand in your way once you are committed to your goal.

You assume the responsibility to be the protector and provider for those you love. You demand respect and attention and become irritated and even domineering when important things do not go your way.

You need to feel in command of important undertakings, and resist supportive roles. You seek the forefront and the limelight.

Vern, you are exceptionally creative and original and possess a touch of the unusual. Your approach to problems is unique and you have the courage to wander from the beaten path. You can be impatient with your shortcomings and those of others.

You are very concerned with your status and foster the appearance of success and self-satisfaction. The need to appear well off propels you to strive for growth, success and the finer things of life.

You should watch out for selfishness, conceit and the over-concern with appearance. You must guard against overzealous behavior, anger and aggressiveness. If these qualities are not brought under control you could become excessively domineering, vindictive and even violent. You perform best when you are left to your own devices. Ideally you should own your own business and be your own boss. Hold fast to your life's dream and work with the determination you possess to realize it. You can become overly stressed by your driven nature. Be careful about the food you eat and maintain an exercise program you enjoy. Competition sports are often a healthy outlet for a person with your drive, particularly sports involving running and swimming. Don't let pride and overconfidence be your masters. Remember, your talents and abilities are a gift from a higher source, which should promote gratitude and humility, rather than pride and conceit.

More often than not a person with a 1 Life Path will achieve much in life as long as the drive, creativity, originality and pioneering spirit are fully employed!

Vern, your Life Path number 19, while identical in many ways to the Life Path numbers 1 and 10, also reveals the presence of a Karmic Debt. The person with the 19 Karmic Debt will learn independence and the proper use of power. You will be forced to stand up for yourself, and often be left to stand alone. Difficulties will be faced and overcome through personal struggle.

One of the central lessons for people with the 19 Karmic Debt is that you stubbornly resist help. Much of your independence is self-imposed; you simply don't want to listen to others, or accept the help or advice of others. Your 19 Karmic Debt can become a self imposed prison if you do not open up to the reality of interdependence, and the mutual need for love.

The most important lesson for the 19 Karmic Debt is: While you seek to stand on your own feet, you are still a human being, deeply connected with others and in need of the support, assistance, and human understanding that all people need. Those with the 19 Karmic Debt will learn the hard way that "no man is an island," and that we are, indeed, "all bits of the main!"

EXPRESSION

Your Expression number reveals your physical and mental constitution, the orientation or goal of your

life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

Your Expression is 23/5

Vern, you are a free spirit. You love change, adventure, and excitement. You love your freedom. Like a bird that needs its wings to live, you cannot exist without it. Freedom is the nucleus around which your life revolves. You need it for your very survival. By using freedom properly, you are able to explore and develop all of your varied talents. You will meet many types of people and travel great distances. Freedom is the atmosphere necessary for you to bring forth your many talents.

You are capable of doing almost anything, and probably quite well. Only by avoiding the imprisonment of illusory security are you able to bring forth your abilities.

Vern, you are unusually adaptable. In fact, change is a blessing for you. In the same way, you need challenge and variety. You hate the routine of life; being stuck is a catastrophe for you. You become miserable when you are held back or held down.

The taste and texture and color of life have an overpowering allure for you. From childhood, you dream of seeing foreign lands, experiencing the sensual and the exotic. You want to try everything at least once in life. All of life is a playground for your senses.

But this can get you into trouble. You may fail to respect your natural limits, either biologically or socially. Any sort of boundary is anathema to you, which can blind you to your natural limits, and may cause you to overindulge your desire for food, sweets, alcohol, sex, and drugs.

Vern, you are gifted in your ability to communicate. Your facility with words is almost limitless. You can be a salesman, politician, lawyer, public relations person, and minister. You also possess the talent to share and advance new ideas. You are talented with your hands. You love the new and untried. Your field is the frontier. You are a bit of a gambler, and often play for very high stakes. All of this combines to give you a youthful enthusiasm, which others find infectious and attractive.

You like to work with others, but need to perform your task un-encumbered by the restraints of others.

Vern, you are a clever and a quick thinker, but your thought processes -- like your life in general -- can be unorganized and scattered. You must stay grounded and focused if you want to be successful.

You fall in and out of love frequently, especially early in life. You are naturally sensual and commonly have a strong sex drive. These characteristics usually make for a lively and exciting love life, but you

must guard against shallow feelings and relationships. Your challenge is to develop mature and lasting relationships.

Self-discipline and setting healthy limits is the key to your success in virtually every area of your life. Ironically, you will find that as you learn to set appropriate limits on yourself, you will develop more self-mastery and realize even greater freedom.

This is especially true when it comes to finishing what you start. Your tendency is to give up once you've got a project or job under control; you grow bored quickly. You start to fantasize about a new challenge, or the rewards of your great accomplishment, long before the work is finished.

The 5 Expression desires the whole world. You are aware that you have many talents that can bring much success. But that success depends on your willingness to choose certain areas to concentrate on, and to bring them to perfection.

HEART'S DESIRE

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions. Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

Your Heart's Desire is 21/3

Vern, you love a good time. You are generally happy, friendly, and outgoing. You have a gift for gab. You are very witty, creative, and playful. You inspire and entertain people. You are considered by many a great companion.

Many outstanding comedians have this Heart's Desire. You have a good mental and emotional balance and there is little that gets you down.

You have a gift for self expression and are drawn to the verbal arts -- writing, acting, singing, and poetry. You may have a great talent in one of these areas. If your creativity is blocked or suppressed, you tend to daydream and fantasize. Your imagination needs a constructive outlet; otherwise, it may run away with you.

At the same time, you may have great difficulty expressing your deeper feelings and important personal thoughts. You prefer to stay on the surface, entertaining people with your wit.

If you fail to deal honestly with your inner nature, you may succumb to compulsive talking. Such behavior may be merely a way of siphoning off emotional energy that is building beneath your surface.

Your deeply felt emotional life cannot be avoided or suppressed. But you possess the talent to channel these feelings into highly creative and artistic form. Art and self-expression are your outlets.

Vern, you need discipline to make full use of your abilities. Too often, you may scatter your energies in many directions, beginning projects that are never finished and never really succeeding in anything.

Your success depends on your ability to commit to your work and to see it through to completion. You have so much creativity and inspiring upward energy that you are in desperate need of an anchor. Hard work and discipline serve this purpose and bring out the best in you.

Because you are gifted with such a sparkling personality, you are tempted to stay on the surface and play with life. You are confident and love the attention others give you, but these characteristics can lead to vanity and self-absorption.

Vern, you have the potential to live a very full and successful life thanks to your talent for artistic self-expression. The key to your success is a balance between the creative forces and self-discipline.